

HEALING WITH COHERENT EMISSIONS OF LIGHT

When our physical and subtle bodies are communicating coherently, we resonate in harmony with our environment and the Cosmos.

Part 2 of 2

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THE MEANING OF BIOPHOTONS IN COLOUR THERAPY

Many of our current diseases can be traced back to the fact that we humans are moving beyond the natural limits of our energy field. The cause for many of the increasing number of new conditions and diseases, various allergies and especially depression can be found in the growing immune weakness in our cells, which communicate with each other via light energy. In the case of deficiency of light, a blockage of these processes is happening.

Daylight plays a central role as the external time cue in the control of biophotons but also in the control of our internal biorhythms. We absorb sunlight externally via our skin, eyes and also our acupuncture points. The electromagnetic frequency of our skin is significantly higher at our acupuncture points. These sites on our skin react much more strongly to daylight than do any other places on our skin. They open up much more easily in order to absorb sunlight but also colour radiation.

Radiation with coloured light influences the biophoton process as well. Photons excite the electrons, and these in turn jump onto a higher orbit and thus change the state of the atom and therefore also the state of the cell.

We also absorb light internally by eating food. And as we've already learned, there is definite proof that free range chickens produce more energetically vital eggs, and fresh vegetables or fruits show higher ultra-weak cell luminescence. Consequently we are eating more light when eating fresh foods.

Oxygen also plays an important role in photon emission. Deficiency in oxygen prevents ultra-weak cell luminescence; a total lack of oxygen completely stops cell radiation.¹⁸

Biophotons are at the gateway between mind and matter and therefore create a bridge between light from the mind and soul and where the life of the physical side is anchored. Thus the ancient understanding of light as the life force can now be re-interpreted in a completely different and new light.

It is possible to transport yourself to a 'higher' plane with the help of light. A more direct flow of information and communication in our body can be achieved by planning how to live life more actively from a different perspective. To make that happen, blockages or interferences within body, mind and soul need to be dissolved and integrated. This means, in fact, that you need to become more permeable to the direct flow of information and communication of coherent light. Colour therapy can be used to achieve this on both the spiritual and physical levels.

Schulze reported that blood samples from different patients showed a significantly different level of biophoton emission, as detected by Kirlian photography. This method is called *biophoton resonance spectroanalysis*.¹⁹

It is not yet accepted practice to support research that would concentrate on the meaning and function of a light network where our body, the environment, the Earth and the whole Universe all resonate. It has been left to complementary practitioners and researchers to detect this inner connection and interaction and treat people accordingly. At the moment, the mainstream focus is still on increasing specialisation. Colour therapy now faces the very same problem: whether to opt for specialisation or a spatially orientated approach. In Germany, many colour therapists are being trained in natural health training centres.

In colour therapy, specific organs and specific disorders and diseases are allocated a specific colour and the client is then treated according to this schematic. Colours can have either an exciting and stimulating or a calming and contracting, balancing and relaxing effect, but this is a generalisation. It is assumed that colours stand in direct connection with the occurring biochemical processes, although biophoton research is not yet able to tell us why the ultra-weak luminescent cell radiation is emitted as red, blue or green during certain specific processes.

The American researcher Dr Candace Pert already demonstrated in the 1970s that the link between neuropeptides (transmitters between the cells) is in direct connection with the emotions of the respective person, and emotional blockages are in direct relation to the development of disease.²⁰ In the meantime, an increasing number of researchers from psychoneuroimmunology have demonstrated the link between psyche and immune system, beyond any esoteric approaches.²¹

My many years of experience as a colour therapist have shown that it is of utmost importance to observe how the body and soul of a person are embedded in their environment. The colour therapist can treat the symptoms of a disease but can also look at the entire energy and resonance field and thus base the treatment on the vibrational field of a person. Focusing exclusively on treating the symptoms of a disease can alleviate acute conditions but does not solve the underlying disorders.

Most people in our Western industrial world are neither in tune with themselves nor with their environment. They are alienated and do not feel connected within their own body or to their own world. As a result, many diseases are linked to this sense of inner disconnection and detachment. This subject has been discussed for many years in the openminded humanities.

In an article about the British GP and mass murderer Dr Harold Shipman, Steven Morris wrote in the *Guardian*: "The theory is that as the human race in the 21st century thinks of itself increasingly as nothing more than a collection of physical bodies in an evermore materialistic society, then there will be individuals on the extremes who come to believe they are dealing not with people but with objects." Prof. David Canter, director of the Centre for Investigative Psychology in Liverpool, said about the Shipman case that it "could be a forerunner of cases to come".²²

This inner detachment expresses itself primarily in the form of a general increase in depression and heart conditions but also auto-immune conditions and allergies. Depression has been classified as "the worldwide disease number one" by the World Health Organization. In cases like this we are dealing with a system of a lower 'order', which means that the interference between information and communication of detached and disoriented people is showing on all levels.

Using colour therapy it is possible to treat allergies, depression and heart problems successfully, but the conditions will recur again and again unless the client is able to create inner connections and therefore the necessary outer connections as well. Symptoms recur if the client is unable to connect to his world of experiences where he can feel in tune. Colour therapy—and the coherent field of biophotons—can support inner orientation both to oneself and the external environment.

Looking at the detailed explanation about models of the atom [see part 1], it is easy to see how vitally important our understanding and awareness of space and resonance actually are. We saw how important the vibrational embedding within a field is in coherent biophoton emission. These resonating wave fields play a crucial role in the vibrational interaction of atoms, molecules, cells and tissue. This is not a linear process but a coherent system of communication occurring on all levels simultaneously, hence the biophotons are in charge of biological regulation processes.

As biophotons are the bridge between the mind and the physical, it is safe to say that any blockages in mental and emotional areas will also affect the ultra-weak cell radiation. So far there has not been any research to investigate the direct link between ultra-weak cell radiation and the psychology of a person. The reason for this is that biophoton theory is still relatively new, and the work involved to demonstrate this would be very time-consuming and costly with current budgets.

There is no doubt that our wellbeing and hence our awareness are directly attributable to the vibration of the atoms and the ultra-weak cell radiation. In this context, awareness is being understood as an holistic process and not merely limited to the mental state, but is an expression of our being on all levels: physical, emotional, mental and spiritual.

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COLOUR THERAPY ASPECTS

Every colour has seven specific characteristics or elements which are effective on all levels:

- 1) physical or material element;
- 2) psychological element;
- 3) harmonising, connecting element;
- 4) vital, energy-emitting element;
- 5) communicating and healing element;
- 6) intuitive and stimulating element;
- 7) spiritual element of a higher consciousness.²³

All these aspects are included in the training to become a colour therapist. The following topics are chosen for study:

- learning about the effect of the colours on all of these seven levels;
- getting to know and learn about various concepts of awareness;
- experiencing and getting to know the physical, emotional, mental as well as spiritual consciousness;
- studying the variety of different levels of consciousness;
- developing a spatial understanding of an inner and outer connective network;
- learning about the various concepts of the soul and viewing this in connection with colour;
- learning to perceive the resonance field of the individual within the framework of his entire being.

What also plays an essential role in colour therapy is learning to differentiate between *having* colour and *being* colour, to gradually create an awareness for colours—an awareness that can distinguish between colour used as a mere tool, i.e., a colour therapy approach based on 'static' colour rules, and colour as a representation of life energy, expressing the being of a person embedded in his vibrational field.

By learning about and experiencing the length, depth, width, density, form and shape of colours, we are also learning about the vibration of the respective space-time quality of colours. They are in a state of constant motion and change, and by accepting this state we can truly learn to immerse ourselves fully in the potential and meaning of colour.

When a colour therapist is choosing the treatment approach for a client, the level of awareness of the therapist plays a big role. The way he is connected and is aware of his own time-space continuum and how he relates to a wider coherence field is decisive. It makes quite a difference whether the client is seen as an individual or an expression of the whole field.

If we are in reality connected and linked, we are in contact and interactive with the overall picture. We can then obtain a similar kind of information about disease as did the shamans in ancient cultures. This does not mean that we should close our minds to modern sciences but, instead, try to place our current knowledge and scientific understanding in a wider framework from which we can then draw information. The information obtained in this manner can be verified scientifically.

If the colour therapist himself is feeling needy, unsatisfied or in deficit and has not got his 'own house' in order, his 'deficit' state will transfer onto:

- how he is going to approach the client;
- how he will perceive the diseases and disorders of the client;
- his choice of treatment;
- which inner and outer space he will allow the client; and
- how he can deal with the client without prejudice.

As a colour therapist I prefer balancing and strengthening the client's system before tackling issues the person dislikes or detests. Repressed experiences are by definition detestable to the person, otherwise they would not have been repressed.

However, colour therapy can also have contra-indications and destabilise people; e.g., it may bring repressed processes to light at a point in time when that person does not feel stable enough to handle them.

Such wrong decisions are less likely to be made if the colour therapist has been trained to develop an awareness of his own energy field as well as of the energy field of the person to be treated.

THE EXPERIENCE OF COLOUR THERAPY

During a treatment with colour:

- The therapist works with the client on their favourite colour as well as on the colour they strongly dislike, and study the emotional, mental as well as spiritual meanings of these colours.
- The client will experience the effects of colours on his skin, i.e., density, speed, frequency and shape of a colour.
- The client will develop a spiritual link to each respective colour and learn how to change and influence this.
- The client will experience the inner vibration of colour and interaction with his organs by breathing in and singing colour; he will sense blockages in his body.
- The client will achieve and maintain an interaction instead of interference of body, mind and soul.

- All treatments and exercises are designed to help the client to learn how to start and how to maintain a coherent flow of information and communication within one's body.

- New synaptic links, neuropeptides and receptors are created to build up a coherent information and communication system within body, mind and soul.

The coherence of biophotons, the connection via neuropeptides or neurotransmitters, the principles of alchemy...in truth, the entire interrelation of our Universe—all this shows us how necessary it is to think and act holistically.

THE NATURE OF AETHER

The word *aether* stems from the Greek and the original German term used to mean "heavenly air" or simply "heaven", whereas the Indian Sanskrit word for aether is *akasha* and means "space" or "dimension" as well as "the space in bones" and "cosmic intelligence". The word *ether* is also used as the name for a specific chemical compound.

In Greek philosophy, aether was the basic substance of everything. It was understood to be a medium that filled space in its entirety and was the carrier of light. For Descartes, aether was an invisible, room-filling medium. In the era of modern physics, aether has also been described as the medium by which other force-fields apart from light and heat are transmitted. Today's physical science knows four basic energy fields: the gravitational field, the electromagnetic field, as well as the strong and weak nuclear fields. It is assumed therefore that there is a further force-field—a fifth force—but this has not yet been discovered.

Aether was understood to be the translator and medium for gravity,

the electrical fields and magnetic forces. But many scientific trials were unable to prove that aether was matter. But not all researchers agree with the fact that aether was declared nonexistent and an invalid theory by Einstein in 1905. It was believed at the time that no adequate series of experiments could be scheduled for testing the aether, and suitable testing equipment was not available.^{24, 25}

How strong an impact the state of technology has on our understanding of reality can be illustrated by recent research results. Scientists from the Keck Observatory on Hawaii divided the glimmering light of the night side of Venus into its parts and discovered to their complete surprise a spectral line caused by atomic oxygen. They also found light originating from oxygen molecules.²⁶ The light was radiating in green, and so far the scientists have no explanation for their discovery. Until recently, life on Venus was considered impossible because oxygen was lacking in the atmosphere.

The *Guardian* ran a report last February on a new clue to a "Star Trek version of the universe".²⁷ Using a new form of spectral analysis of light, it was possible to prove the existence of iron in about 50 per cent of the stars in the galaxy. Professor Norman Murray studied the spectrum of 640 stars that are similar to the Sun and discovered that 466 of these stars contain iron and thus resemble essentially the make-up of Earth. There are about 100 billion stars in our Milky Way galaxy and we only know of about 100 billion galaxies. Prof. Murray commented on his results:

If we are in reality connected and linked, we are in contact and interactive with the overall picture.

"Up to this point there has been no indication [of extraterrestrial life]. No, one other indication is that we haven't got any signals from somebody out there. We are just making this argument by analogy. It happened in our solar system. We see the same signature [as on Earth] in these other solar systems. And we just conclude that that seems like a likely possibility, that those systems look like ours."

Fifteen years after he discarded it, Einstein took up the aether theory again and defended it very vigorously. Till this day, his change of mind has left most scientists untouched, and remains virtually unknown even after 80 years! The existence of aether cannot be proved and thus the aether is declared nonexistent!

Nevertheless, some unconventional theoretical physicists keep on looking into the subject and try to verify the existence of aether. A new generation of quantum researchers is now speaking of an interconnected space-time continuum. They view this space as a plenum filled with energy, and have named it *reticular space-time*. This dynamic sub-quantum field is in a virtual state, according to current knowledge.

Many quantum physics researchers assume that this active, dynamic, sub-quantum field is in fact what various ancient cultures and traditions understood as the aether. This field, also called the *quantum vacuum*, is considered to be the source of all matter. Mainstream physics now realises that a vacuum is far from empty, but that which fills it is not called aether but *virtual particles*.²⁸ This means that virtual particles from this quantum vacuum may enter our visible physical world, influence and change it, only to return to the quantum vacuum as virtual particles.

The quantum vacuum lets virtual particles become matter whenever the dynamics within the area of virtual particles get excited, meaning they become *too* active and create a crisis. Whenever the virtual

particles are in a state of abundance, the quantum vacuum then creates 'pairs' of particles and anti-particles. But at the same time, the quantum vacuum also has the function of 'cleansing' or acting as a 'waste bin'—because in situations of crisis the anti-matter particles (the twins of the matter particles) are sucked back into a black hole to restore the balance between matter and anti-matter.

Particles are grouped symmetrically, according to the quantum physics model. They resemble the symmetrical bodies of Plato's teachings. "If you wanted to compare current particle physics with any former philosophy, it would have to be the philosophy of Plato."²⁹

Some scientists think that the aether is a very fine, special gas which reacts in the same manner as that known in hydrodynamics. Spiral rings consisting of aether (gas) form electrons, protons and neutrons, according to these researchers. However, if you assume the existence of aether, it is possible to calculate spatially and prove the electrical charges in an atom in a different way. Many physical processes, especially those of endophysics, or physics from within,³⁰ can thus be seen in a different spatial context. It makes it much easier to explain and calculate their motion and vibrational behaviour,³¹ and most of all it corresponds much better with our complex reality. That would make even the newest above-described atomic model quite redundant and create an opportunity to develop other models which correspond much more closely to reality. The physics of the aether is the physics of the future.³²

Endophysics researches the spiral motion of gases so these can be interpreted by new generations of computers. Here again, everything is about information and communication and the interface between information and matter, as in our body.

Several points about aether have now been illustrated:

- Aether can be understood as a gas which will react according to the laws of hydrodynamics.
- Aether stands synonymous with vacuum.
- Virtual particles are within the aether vacuum.
- Aether is what is being described as the space-time continuum by quantum scientists.
- Aether hence has a dual nature, and is both abundance and vacuum at the same time.

Concepts of new thinking are possible due to the interactions of the biophotons and their spatial link to aether. Ultraviolet photons (490 nm) can divide spontaneously into two infrared photons (780 nm). It is possible to transfer or 'beam' properties of a light particle coherently—that is, simultaneously transfer those properties onto another, more distant, particle. This process is mainly used in teleportation.³³

Today, twin photons are already used in radionics. Two

computers are set up in different locations, each having one of the twin photons. Data transmission takes place in the sending computer onto one of the twin photons and onto the receiving computer where the second twin photon is positioned. They receive the data simultaneously because both twin photons are in coherent contact with each other, regardless of the distance between the sending and the receiving computer.³⁴

We experience the same coherent process as we do when the body

absorbs or emits light. However, in this case, the transmission is totally independent of any spatial distance.

A continuation of this technology means that the *Star Trek* vision of "Beam me up, Scotty!" could soon become reality, especially if the transmission quality of aether can be included scientifically.

THE QUANTUM CONNECTION

But how are the findings of quantum physics, the element of aether and colour therapy connected? Consider these points.

• Embedded in aether you find what are called the "akashic records" in Indian philosophy. Stored here is all the information about a person, their background and their personal experiences as well as about the experiences of other people.

• The aether enables access to the personal resonance fields of a person.

• Should the existence of aether be negated in our consciousness, it will be very difficult to gain access to this information.

• Although the information exists, it is not accessible at all times. If and how it can be accessed depends on the interaction between the levels of consciousness of both colour therapist and client.

• The biochemical process of our thoughts in the brain can be proved by physics, thus confirming that thoughts are transformed into matter. But thoughts also belong to the world of virtual particles.

How are the findings of quantum physics, the element of aether and colour therapy connected?

• If we are using too much energy in thinking, we create a pre-dominance of activity on the mental level and cause an imbalance in our body. According to the principles of Chinese medicine, this might lead to a weakness in the spleen. Colour therapy can restore such imbalance.

• Perhaps in time there will be a similar awareness about the space-time continuum as we already have about colour. "It is generally assumed that the quality of colour from objects as we experience them today is not a property of that object but rather a quality of our psychological perception which, according to classical physics, belongs to the electromagnetic waves."³⁵

Colours must occur in all fields, including the aether field, and virtual particles must express themselves as colours. It would be highly interesting to see if science could prove how virtual and 'real' matter particles pair in colour, and what type of interactions occur in that area.

The results of 'twin photons' experiments are also very exciting for colour therapy because they give evidence of the effects of absent healing, which has been practised by healers for thousands of years, they mirror the interconnection of mankind on different levels, and they prove the network of all living forms, organic and inorganic.

• Genetic research has proved that man originates from very few progenitors. Thus we resemble each other much more than we previously anticipated. We can therefore conclude that the genetic information is probably transmitted via light and hence can also be influenced by light. Human genes differ from those of other mammals by only one per cent, so we can conclude that man resembles animals much more than we would like to admit in our individualistic culture.

However, this also means that photons with the same or similar frequency must recognise each other. There

must be a recognition between the ultra-weak cell luminescence of a person and that of another person. Therefore there must be a recognition between organs vibrating on a similar level. This resonance might be the real reason for our likes and dislikes!

One medical organisation, Network Spinal Analysis, is already basing its work on the principle of resonance. Its members are chiropractors with a nine-year-long medical training including further specialisation. These practitioners concentrate on working with the consciousness and diseases of the spine.³⁶ Although they will treat each spine separately, they assume that by influencing one single spine this will affect the whole resonance field of spines worldwide, as the overall field of consciousness will have changed. Thus it will be much easier for other spines to find a healing form that corresponds to their own level.

This resonance field is aether. Aether is the basic building block, so to speak, for all matter which is created and dies. It is the cauldron of nature. Our perception is not a mirror of nature, but existing information translated by our personal perception into something which is much easier for us to understand personally.

Having access to the aether energy field opens up an additional spectrum for perception. It is possible to widen and enlarge our field of resonance. Moreover, it is also possible to perceive the resonance fields of clients in a much wider light, which in turn means that we are less likely to see the client purely through our

own eyes but are actually able to see him in the context of his own energy and light field.

TOWARDS COHERENT COMMUNICATION

All previous explanations have shown that the coherent processes of biophotons on the atomic level find a correspondence in the overall information and communication processes of the body as well as in the Cosmos. Depending on our personal disposition, we will only perceive those parts of the complex reality that are in resonance with us.

We are living in an era where there is a strong emphasis on rational-thinking people—a generation of people whose highest aim is to organise and structure their life by controlling it in a very orderly way with their mind. In the last 60 years or so since Sigmund Freud's death, we have learned what an important role our emotions play in our lives. This area has often been neglected and, as a result, we often see this neglect manifested in emotional outbursts or the outbreak of disease. Even if this neglect is unconscious, it still has an effect on our concept of life. In a sense we then have a similar situation as we have with the virtual particles of the quantum vacuum: if there is

too much activity going on on one side of the system, this will automatically affect the other side. This changes the entire balance and a person may become ill.

People controlled by their mind tend to experience emotions via their mind. Experience has shown that it takes a long time for this mind-body barrier to be broken down and for these people to be able to make direct contact with their emotions and body. However, these achievements are the prerequisites for overcoming any form of inner detachment and disconnectedness.

Inner detachment and disconnectedness are primarily a result of the alien-

ation of man who no longer sees himself embedded in the overall web of Earth and Cosmos. This is reflected in how man is treating the Earth today. We have to fight for a surviving habitat for our species. Older cultures were much wiser in this respect and cooperated with the interactive processes of Earth and Cosmos.

Today, diseases are primarily treated with 'coarse' methods like tablets, clinical compounds that interfere with the structure of molecules, radiation therapy, surgery and so on. However, on the other hand, inroads are being made with complementary therapies such as Ayurveda, Chinese medicine, homeopathy and radionics which act on very subtle energy levels and work with the body's resonant field so as to restore a balance within the body.

Light and colour therapy address only the body's own healing power. But, once flowing, this will also have an influence beyond the body of the individual person: it will also affect his coherent environment and thus the Earth and the Cosmos in turn.

Implementing the afore-outlined connections and interactions of the coherent field of light and colour will help us gradually to change our current 'repair' type of medicine to a more intelligent form which can work as a coherent communication and information medicine and thus be effective on a preventive level.

Although colour therapists concentrate on the healing processes of the individual person, it is essential for any therapist working

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on the basis of the coherence of biophotons to perceive his client embedded in the web of a coherent field and treat the client spatially, as this approach includes all inner coherent processes as well as the environment of the client and information obtained from the field of aether. Further research concentrating on space and coherence is vital.

The above explanations clearly prove that colour therapy is a holistic method which promotes all life-supporting processes and encompasses all the processes of life. These outlines of colour therapy are based on the most recent scientific findings, but also come from ancient knowledge and wisdom.

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